

# **First Aid Policy**

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#### 1. Aims

The aims of our first aid policy are to:

- Ensure the health and safety of all staff, pupils and visitors
- Ensure that staff and governors are aware of their responsibilities with regards to health and safety
- Provide a framework for responding to an incident and recording and reporting the outcomes

## 2. Legislation and guidance

This policy is based on the <u>Statutory Framework for the Early Years Foundation</u> <u>Stage</u>, advice from the Department for Education on first aid in schools and <u>health</u> <u>and safety in schools</u>, and the following legislation:

- The Health and Safety (First Aid) Regulations 1981, which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel
- The Management of Health and Safety at Work Regulations 1992, which
  require employers to make an assessment of the risks to the health and safety
  of their employees
- The Management of Health and Safety at Work Regulations 1999, which
  require employers to
  carry out risk assessments, make arrangements to implement necessary
  measures, and arrange for appropriate information and training
- The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations
   (RIDDOR) 2013, which state that some accidents must be reported to the
   Health and Safety Executive (HSE), and set out the timeframe for this and how
   long records of such accidents must be kept
- <u>Social Security (Claims and Payments) Regulations 1979</u>, which set out rules on the retention of accident records
- The Education (Independent School Standards) Regulations 2014, which
  require that suitable space is provided to cater for the medical and therapy
  needs of pupils

# 3. Roles and responsibilities

## 3.1 Appointed person(s) and first aiders

The appointed person is someone who:

- Takes charge when someone is injured or becomes ill
- Ensures there is an adequate supply of medical materials in first aid kits, and replenishing the contents of these kits

• Ensures that an ambulance or other professional medical help is summoned when appropriate

The appointed person for Rivers Primary Academy is Mrs K Kaur.

First aiders are trained and qualified to carry out the role (see section 7) and their main duties are:

- Acting as first responders to any incidents; they will assess the situation where there is an injured or ill person, and provide immediate and appropriate treatment
- Sending pupils home to recover, where necessary
- Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident and logins on CPOMs.
- Keeping their contact details up to date

## 3.2 The governing board

The LAB has ultimate responsibility for health and safety matters in the school, but delegates operational matters and day-to-day tasks to the headteacher and staff members.

#### 3.4 The Headteacher

The Headteacher is responsible for the implementation of this policy, including:

- Ensuring that an appropriate number of appointed persons and/or trained first aid personnel are present in the school at all times
- Ensuring all staff are aware of first aid procedures
- Ensuring appropriate risk assessments are completed and appropriate measures are put in place
- Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place
- Ensuring that adequate space is available for catering to the medical needs of pupils
- Reporting specified incidents to the HSE when necessary (see section 6)

#### 3.5 Staff

School staff are responsible for:

- Ensuring they follow first aid procedures
- Ensuring they know who the first aiders in school are
- Completing accident reports for all incidents they attend to where a first aider/appointed person is not called
- Informing the headteacher or their manager of any specific health conditions or first aid needs

## 4. First aid procedures

## 4.1 In-school procedures

In the event of an accident resulting in injury:

- The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment
- The first aider, if called, will assess the injury and decide if further assistance is needed from a colleague or the emergency services. They will remain on scene until help arrives
- The first aider will also decide whether the injured person should be moved or placed in a recovery position
- If the first aider judges that a pupil is too unwell to remain in school, parents will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents
- If emergency services are called, a member of the senior leadership team will contact parents immediately
- The first aider/relevant member of staff will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury and log the incident on CPOMs.

#### 4.2 Off-site procedures

When taking pupils off the school premises, staff will ensure they always have the following:

- A school mobile phone
- A portable first aid kit
- Information about the specific medical needs of pupils
- Parents' contact details.

Risk assessments will be completed by the class teacher prior to any educational visit that necessitates taking pupils off school premises. These will be improved by the head teacher.

There will always be at least one first aider with a current paediatric first aid certificate on school trips and visits, as required by the statutory framework for the Early Years Foundation Stage.

#### 5. First aid equipment

A typical first aid kit in our school will include the following:

A leaflet with general first aid advice

- Regular and large bandages
- Eye pad bandages
- Triangular bandages
- Adhesive tape
- Safety pins
- Disposable gloves
- Antiseptic wipes
- Plasters of assorted sizes
- Scissors
- Cold compresses
- Burns dressings

No medication is kept in first aid kits. See Medication in Schools Policy for further information.

First aid kits are stored in:

- The lunch time medical area
- Reception (at the desk)
- The staff room
- All classrooms
- The school kitchens
- School minibus

Additional supplies are kept in the First Aid Leaders office.

## **Personal Protective Equipment (PPE)**

- Gloves
- Face masks/visors
- Hand sanitiser and soaps
- Disinfectant sprays and wipes
- Disposal bins for contaminated waste

## 6. Record-keeping and reporting

### 6.1 First aid and accident record book

- An accident form will be completed by the first aider on the same day or as soon as possible after an incident resulting in an injury
- As much detail as possible should be supplied when reporting an accident, including all of the information included in the accident form

- The incident will also be logged on CPOMs
- Records held in the first aid and accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

# 6.2 Reporting to the HSE

The First Aid Leader will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The First Aid Leader will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 10 days of the incident.

Reportable injuries, diseases or dangerous occurrences include:

- Death
- Specified injuries, which are:
  - Fractures, other than to fingers, thumbs and toes
  - Amputations
  - o Any injury likely to lead to permanent loss of sight or reduction in sight
  - Any crush injury to the head or torso causing damage to the brain or internal organs
  - Serious burns (including scalding)
  - Any scalping requiring hospital treatment
  - Any loss of consciousness caused by head injury or asphyxia
  - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness, or requires resuscitation or admittance to hospital for more than 24 hours
- Injuries where an employee is away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident)
- Where an accident leads to someone being taken to hospital
- Near-miss events that do not result in an injury, but could have done. Examples
  of near-miss events relevant to schools include, but are not limited to:
  - The collapse or failure of load-bearing parts of lifts and lifting equipment
  - The accidental release of a biological agent likely to cause severe human illness
  - The accidental release or escape of any substance that may cause a serious injury or damage to health
  - o An electrical short circuit or overload causing a fire or explosion

Information on how to make a RIDDOR report is available here:

How to make a RIDDOR report, HSE (https://extranet.hse.gov.uk)

## 6.3 Notifying parents

The class teacher will inform parents of any accident or injury sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable.

## 6.4 Reporting to Ofsted and child protection agencies

The head teacher will notify Ofsted of any serious accident, illness or injury to, or death of, a pupil while in the school's care. This will happen as soon as is reasonably practicable, and no later than 14 days after the incident.

The head teacher will also notify local child protection agencies of any serious accident or injury to, or the death of, a pupil while in the school's care.

## 7. Training

All school staff are able to undertake first aid training if they would like to.

All first aiders must have completed a training course, and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until

All staff are encouraged to renew their first aid training when it is no longer valid.

At all times, at least 1 staff member will have a current paediatric first aid (PFA) certificate which meets the requirements set out in the Early Years Foundation Stage statutory framework and is updated at least every 3 years.

## 8. Monitoring arrangements

This policy will be reviewed by the First Aid Leader every year.

At every review, the policy will be approved by the head teacher and LAB. 8

#### 9. Coronavirus

With the outbreak of coronavirus first aid remains a crucial skill. The following advice ensures both first aider and person requiring care is protected as best possible following government guidelines.

As a first aider, in addition to high quality clinical skills, to be effective you need to:

- 1. Be aware of the risks to yourself and others
- 2. Keep yourself safe

- 3. Give early treatment
- 4. Keep yourself informed and updated
- 5. Remember your own needs
- 6. Aware and updated on the current risk assessment

In the current climate with the prevalence of the COVID-19 pandemic, these skills become even more important and here is how you can apply these skills when managing a first aid incident.

- Wear PPE provided including face masks/visors
- Wash your hands before and after care
- Wipe down the area used after every person using disinfectant
- Use hand sanitiser
- Dispose of contaminated waste in the correct bins

When a child or member of staff is displaying symptoms of Coronavirus or becomes unwell then the spare nursery classroom should be used for their care and assessment. Again the above advice for PPE and cleaning yourself and the area should be followed. Relevant equipment including thermometers for taking temperatures will be available.

Following an assessment a judgement should be made, parents informed and the relevant government guidance should be followed to self-isolate should it be suspected to be a case of coronavirus. The track and trace system and school policies for informing people in contact with the individual will then be followed.

#### 10. Links with other policies

This first aid policy is linked to the

- Health and safety policy
- Medication in School policy